



2015 Dynamic Examination

For

The FAA Inc. Board of
Examiners

28th September – 26th October 2015

Question 2:

Mandy is a very successful health practitioner and is working on expanding her practice and hiring new staff. The expansion is going very well, and while this is exciting and personally satisfying for Mandy, another part of her feels overwhelmed by the magnitude of what she has taken on. She talks of the longing for time out to engage in her inner work, but can't see when or where this could happen at the moment.

During 2015 Mandy is experiencing major transits to her Sun, Moon and Venus, as well as both a Jupiter and a Chiron Return. Using her major transits for 2015 and 2016, how can you help her to make sense of the conflicting energies that are operating within her at the moment and empower her to move forward?

Mandy: 4th January 1968, 8:20pm, Melbourne

Ascendant: Close to 23 degrees Cancer

2015 Dynamic Exam - Mandy

Natal Chart

4 Jan 1968, Thu
8:20 pm AEST -10:00
Melbourne, Australia
37°S45' 144°E58'

*Geocentric
Tropical
Placidus
True Node*



In an individual's natal chart we can often see differing themes that are looking for expression. Such themes can create discord within us due to the difficulty of trying to honour these seemingly disparate energies. In Mandy's case and for many of us, the ability to balance vocational ambition and responsibilities, as well as our own personal lives or emotional inner needs, can be difficult. To assist Mandy with her current inner conflict, a psychological approach to delineating her natal chart, combined with an understanding of her current dynamic astrological themes, may provide her with a more conscious way to navigate

this dilemma and make constructive decisions. A better understanding of herself and the conflicting energies that are operating within her at the moment, could empower Mandy to reflect on what she truly wants in life, and consider options that could create greater balance and a sense of personal fulfilment.

Before delving into Mandy's current dilemma, I would discuss with Mandy the two very different sides symbolized in her natal chart; an ambitious, pragmatic and authoritative side, with a strong Saturn/Capricorn/Virgo/Earth theme (Capricorn Sun and Mercury in the 6th, Saturn square the Sun, Virgo on 2nd house cusp with Jupiter in Virgo conjunct it, Taurus on the mid-heaven), versus a softer, emotionally sensitive and more introverted Neptune/Pisces/Water theme (Cancer Ascendant, Moon and Chiron in Pisces in the 8th, Venus conjunct Neptune in 4th, Neptune square to intercepted Mars in 7th). A lifelong challenge is indicated, in honouring both sides and to find balance in their expression. I would suggest to Mandy, that the current transits she is experiencing, actually highlight this natal polarity, and provides an opportunity for her to become more conscious and integrate these differing energies constructively.

Validating Mandy's ambition to expand and build a successful health practice may be comforting as she has the necessary resources, such as a strong work ethic, sense of responsibility and the organisational, financial, and managerial skills to run a business. (Sun and Mercury in Capricorn in 6th, Saturn square Sun, Virgo on 2nd house cusp, Taurus mid-heaven). An interest and talent in healing, a desire to be of service (Virgo on the 2nd house cusp, Sun and Mercury in the 6th, Jupiter in Virgo in the 1st conjunct 2nd house cusp), and to relate to others with perceptive emotional depth, compassion and empathy (Cancer Ascendant, Moon and Chiron in Pisces in the 8th, Western hemisphere planetary dominance), is a constructive way of combining her talents for business, healing work and utilizing the

softer side of her nature. Mandy's natal chart also suggests a drive to combine work and health creatively; building a health practice is an example of this; and an inherent optimism, passion and willingness to take a risk to do something that's innovative and transformative to her life and others, is evident. (Jupiter in Virgo in 1st conjunct 2nd house cusp, Sagittarius duplicated on 5th and 6th houses, Venus in Sagittarius, Jupiter aspects to the Moon, Venus and Mars, Leo intercepted in the 1st, Crescent Moon lunar phase and Uranus and Pluto conjunct in Virgo in 2nd). The likely importance of financial security and material growth, as well as deriving personal satisfaction from these efforts to build a successful career or business (Capricorn Sun and Mercury in the 6th, Taurus on the mid-heaven, and emphasis on the Earth element), may also provide Mandy with insight as to why she is drawn to undertaking this venture.

However, the equally compelling theme in Mandy's natal chart points to softness and sensitivity, and a need for introspection to work with her more complex or hidden emotional side. (Cancer ascendant, Moon and Chiron in Pisces in 8th, Venus conjunct Neptune in 4th, Neptune square to intercepted Mars in 7th, lower hemisphere planetary dominance). Validating Mandy's conflicted feelings and acknowledging that building a successful health practice could reduce the energy and time that she has available for engaging in her inner work, is important. Building consciousness of her emotional complexes, and the need to create emotional security and fulfilment in her relationships and life, takes time and commitment. (Neptune in 4th conjunct Venus and square Mars intercepted in 7th, Saturn, Chiron and Moon in 8th house, Saturn square Capricorn Sun). It's also worth pointing out, that unlike her more driven, ambitious, and pragmatic traits, the sensitive and introspective side will perhaps be less energetically robust, and could feel overwhelmed, so careful management of her energy and taking time out to recharge, needs to be considered. (Moon and Chiron in Pisces, Neptune square intercepted Mars, low fire, Neptune conjunct Venus in

4th, T-square configurations of Jupiter in 1st opposing Moon in 8th and Mars intercepted in 7th square to Venus conjunct Neptune in 4th as the apex). Gently pointing out the possible need to prove herself worthy and great personal pressure to achieve something of note, may stem from a sense of inadequacy reinforced during childhood and could be important (Saturn square Sun in Capricorn). This belief may be the major cause of imbalance in her life, creating high stress and workaholic tendencies. Fears too, around success and failure, or a lack of self-confidence (Saturn square Sun in Capricorn) may cause Mandy to question expanding her business, which involves taking a gamble financially, emotionally, as well as physically, and it would be worth asking if there have been past experiences of upheaval and changing fortunes in regards to her material resources. (Uranus and Pluto in 2nd house, 2 T-squares involving Jupiter(1st), Moon(8th), Mars(7th) and Venus conjunct Neptune at apex in the 4th).

Certainly, a conflict is symbolized between an urge to utilise her talents and abilities to create a successful health practice and the personal satisfaction it can bring, and also to provide space and time to turn more inward and explore her inner world. Mandy's current transits suggest the time is ripe to have this natal polarity highlighted and it is understandable why Mandy feels so conflicted. From January 2014 to early December 2015, transiting Pluto is conjunct Mandy's natal Sun in the 6th. This transit provides an opportunity to re-evaluate and radically alter her identity and direction in daily life (6th house), and I would suggest to Mandy that any false or outdated aspects of her personality could be let go.¹ This provides an opportunity to reveal depths and ways of being that may have been hidden or suppressed, and could create a greater sense of empowerment in the way she pursues life, particularly in the

¹ Sasportas, Howard. *The Gods of Change: Pain, Crises and the Transits of Uranus, Neptune and Pluto*. The Wessex Astrologer. UK. 2007. Pg. 216

area of daily work, routine, health, responsibilities and service. I would suggest to Mandy that the expansion of her business reflects this area of life and may be a valuable way to support the transformation. With natal Pluto found in the 2nd house, the area of her finances and material security may also be affected, and could allow her to draw upon her resources and skills, that may improve how she values herself. A lasting change and impact on Mandy's home life, family and sense of emotional security may also occur with Pluto ruling the 4th house; and with the Sun ruling Leo intercepted in the 1st house, a change in how she presents herself to the world, is highlighted again. To acknowledge that these changes may be disconcerting and frightening at times, but ultimately rewarding and empowering, may be of some comfort.

Another transit experienced in April 2014 is Neptune moving into Mandy's 8th house, and coming up to conjunct Mandy's natal Moon in Pisces from early August 2014 to January 2016. This can suggest a heightened receptivity to her environment, an urge to blend and unite with others, greater empathy and compassion, but also a tendency to lack appropriate boundaries which can be emotionally and physically draining, and create a sense of confusion.² The natural inclination of these traits (Natal Pisces Moon in the 8th) will be strengthened under this transit and change, letting go or transformation in the area of intimate relationships, shared resources and investments, may be indicated. Whilst undergoing this transit, I would talk to Mandy about her likely confusion during this period, particularly around investing more time, energy and money into her expanding practice and how there is a tendency to want to turn more inward, slowdown and a possible lethargy or lack of robustness to see through such a big project. Taking time to uncover and look deeper at

² Sasportas, Howard. *The Gods of Change: Pain, Crises and the Transits of Uranus, Neptune and Pluto*. The Wessex Astrologer. UK. 2007. Pg. 114

emotional complexes and patterns for change, healing and transformation (8th house Pisces Moon) could be expected, and also be felt in the area of home/family life, emotional security and familial patterns, with natal Neptune residing in the 4th. These changes may become outwardly visible, due to Mandy's natal Moon ruling her Ascendant.

The transpersonal planet Uranus, transiting through Mandy's 8th house, will be making its presence known, March 2014 to February 2015, by squaring her natal Sun. The Sun symbolizing her identity and purpose in life, is being activated again in the 6th house area of work, everyday life, routine and health. I would let Mandy know that this transit can create feelings of restlessness and dissatisfaction, or feeling trapped by the circumstances of life and may therefor provide a stimulus to make changes in her life and direction, open her up to new opportunities, and challenge her to become more independent and step out of her comfort zone. This energy can be experienced as chaotic and disruptive, and combined with Pluto, highlights the urge to head in a new direction. The 8th house, also being stimulated by Neptune, symbolizes an urge to relate or do things differently in intimate relationships, shared resources and investments, or take risks and do something different, such as expanding her healing practice. Furthermore, with Uranus starting to move into Mandy's 9th house in early 2015, her world view, beliefs and philosophy can expand and grow³, and this growth is supported by a change in her thinking and communication style, and how she presents herself to the world (Transiting Uranus square Mercury and Ascendant 2014-2017). Mandy's partnerships, marriage, or relationships with males or close friendships may also be effected(Uranus dispoits intercepted Mars and linked to Aquarius intercepted in 7th).

³ Sasportas, Howard. *The Gods of Change: Pain, Crises and the Transits of Uranus, Neptune and Pluto*. The Wessex Astrologer. UK. 2007. Pg. 88

During 2015 transiting Saturn conjuncts natal Venus in the 4th house, suggesting a period of serious assessment in regards to relationships, femininity, social life, self-worth, personal values and finances. This may indicate a time of careful financial management during the period of expansion, as there may be issues with cash flow, or wanting to be prudent with finances to ensure the long term prosperity of her business. There may also be fear around the risk to her finances during this time, and it may impact on her domestic and family life, feelings of emotional security, intimate partnerships, friendships and the ability to socialise and enjoy life (Venus in 4th house). Issues around confidence and authority in successfully expanding her business as a woman may also come up, as would confusion around money or self-worth, which may have stemmed from familial patterns or conditioning (Neptune conjunct Venus in 4th). Buried emotion brought to the surface, or change in her intimate relationships and shared resources, may also be felt (Natal Saturn in 8th). With Saturn moving into the 5th house in late 2015, there may be a willingness to take a risk and physically invest in building and creating a bigger health practice, moving into a new situation and taking on a position of greater authority and responsibility, but not without some stress. (Transiting Saturn in 5th quincunx Mid-heaven 2016).

Mandy experiences her Chiron return in Pisces in the 8th house, May 2016 to November 2017, which has a similar flavour to the transit of Neptune conjunct the Moon. During this transit a heightened ability to feel and absorb the suffering of others, as well as turn inward and contact their own pain, is often experienced. Personally for Mandy, an invitation is presented to dig deep and identify repressed or unacknowledged parts of herself, perhaps around physical and emotional intimacy and her own sensitivity (8th house) I would suggest to Mandy with the wisdom of age, there is an opportunity to come to a level of acceptance around wounds that may never be fully healed and an ability to accept and

compassionately integrate more of the unloved parts of herself, to feel more whole.⁴ A healthy outlet for Mandy during this time could be through music, dance, art, meditation or spiritual practices. Certainly a sense of wanting to turn inward and slowdown may be felt, which adds to the feeling of being pulled in different directions. This can be a time for women, when the responsibilities of nurturing and caretaking diminish, allowing space and freedom to follow personal ambition, a new direction in life or advance further in their careers. Mandy's Chiron return may actually herald the right time for her to expand her health practice and take on more responsibility, particularly after the Chiron return and Neptune conjunct Moon finish their transits.

Another generic transit occurring in September 2015, is the fourth Jupiter return (Virgo Jupiter in 1st conjunct 2nd house cusp). This can herald a period of growth and expansion and may suggest a good time to utilise her talents, resources and assets productively, perhaps though expanding her practice in order to create financial prosperity and security (Jupiter conjunct 2nd house cusp). Furthermore a number of aspects made from transiting Jupiter in the 1st and 2nd houses to the Mid-heaven, natal Sun and Mercury in the 6th house in 2015 and 2016, could suggest change and moving into new situations as well as rapid developments and positive support with respect to her identity, everyday life and work, and the ability to present herself with more confidence and independence. It may suggest the growth and financial success of her business and greater recognition and responsibilities.

The conflict that Mandy has been experiencing with expanding her successful health practice, or having time out for engaging in her inner work, is very clear. The conflicting energies in her natal chart are evident and with her current transits, Mandy is being impelled

⁴ Sullivan, Erin. *The Astrology of Midlife and Aging*. Penguin Books. London. 2005. Pg. 144-145

to recognise and honour her disparate parts. Mandy has a lot of the attributes required to do well in expanding and running a successful business, and also the skills and innate ability to be empathic and of service to others, which combines well for healing work. Assessment of Mandy's natal chart, as well as her current and future transits, indicate that expanding and running a health practice may give her the ability to use many of her qualities, and potentially find a way to balance the conflicting sides, as long as some strategies and structures are in place to provide some time out. It appears that particularly from early January 2016, when Neptune's transit to the Moon ends, Mandy's sense of confusion around which direction to take may reduce, and with the other transits symbolizing an urge for empowerment, change and transformation, stepping into the role of growing and commanding a successful business, may just be the vehicle to provide the kind of growth Mandy needs.

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