

Question 5

**Tammy was born on 31 August 1985 at 2.34 pm in Sydney, New South Wales.
Her Ascendant is close to 1 degree Aquarius.**

Tammy is estranged from her parents and family. She had a drug addiction problem a couple of years ago and her parents paid for her to go to a very expensive rehabilitation retreat centre so that she could 'dry' out. She did not stay there for the full programme and left after 4 weeks. Her parents, especially her mother, has had high expectations of her and has stopped communicating with her because she is now in a relationship with a man who is the member of an infamous biker gang. Tammy is feeling the isolation from her family and acknowledges that her life is uncertain and quite unpredictable.

Currently on a social security pension from the government, she feels this is perpetuating a sense of victim consciousness within her psyche. Her friend has recommended that she come and see you for some guidance as she has no-one else to turn to right now. She wants to know "what does the future hold for her"? Tammy lives in Sydney.

Utilising Tammy's Solar Return Charts for 2016 to 2018, plus the major Transits and Progressions over this period, give her guidance in understanding the deeper significance of her soul's journey through the next two years and what she can look forward to. How can you encourage Tammy to work with her archetypal patterns, so that she can create positive outcomes that will enable her to heal the rift with her family and move forward into a fulfilling future.

**Please see charts referred to at the end of this essay.*

Astrology can show us the map but not the territory. Tammy wants to know, "what does the future hold for her"? It is important that Tammy understands that it is she who creates her future based on the choices and action she takes. Astrology can illuminate opportunities and assist us to develop greater consciousness of our soul's intention, however it is ultimately our responsibility to ensure that our choices are in alignment with our authentic self. This may be a powerful concept for Tammy to grasp, enabling her to create positive outcomes in her life.

Tammy's birth chart conveys the image of an outgoing, charismatic, highly creative woman with a desire to live on the edge. (Sun & Mars in the 8th house, Strong Fire and Leo signatures, Jupiter on the Ascendant and Venus in Leo leading a locomotive chart shape)

She appears as the Maverick, The Rebel and may potentially be quite volatile and impulsive too. (Aquarius Ascendant, Jupiter in Aquarius on the Ascendant, Grand Mutable Cross Aspect pattern: Moon in Pisces opposite the Sun in Virgo, both squaring Uranus in Sagittarius and Chiron in Gemini)

Tammy's Mercury, Mars conjunction in Leo implies a quick wit. Moreover, she appears to embody the polarities – an incongruous mixture of cool sassiness (yang) combined with timidity and sensitivity (yin). Jupiter rising combined with her strong 11th letter (Aquarius Ascendant, Uranus in the 11th house squaring her Sun and Moon) along with her strong Fire signature conveys her Yang qualities. Conversely, her Pisces Moon and Virgo Sun which square Chiron, expresses her Yin qualities. As per Chiron's invitation, she is challenged to find a way to honour and reconcile these polarities in a constructive way and the transits and progressions for 2016 and 2017 invite her to do this. Tammy's solar return charts for this period suggest a time of soul searching, exploration and healing which may help her to pick up the pieces in her 'uncertain' life and create a vision with a plan that she can strive passionately towards.

During early 2016, Chiron formed a conjunction to her Moon and Neptune opposed her Sun activating her Grand Mutable Cross aspect pattern and the archetypal patterns associated with it. During a Chiron transit, the familiar feelings she has been experiencing of rejection, victimization, isolation and unworthiness are typical. No doubt the myth of Chiron – the centaur who was rejected by his own mother will resonate with Tammy.

I would encourage Tammy to derive meaning and purpose in her experience as the outsider, feeling rejected and different. Her wound is a sacred wound which invites her to discover her soul and the Chiron and Neptune transits facilitate this process. I would explain to Tammy that it is common to feel lost and confused during a significant Neptune transit.

Guiding her to the concepts of pain acting as a catalyst for growth and that 'we often don't change until we are forced to', could be powerful ideas for her to assimilate.

Tammy's chart suggests strong freedom needs and a need to express her own unique individuality. (11th letter prominent, Jupiter on the Ascendant, which squares Pluto and opposes Venus.) Any attempt to try and control or hem her in, in any way, is likely to result in defiance. Despite her parent's best intentions to try and help their daughter, it's not surprising that Tammy did not stay in for the full treatment rehabilitation programme for her drug addiction. I would affirm Tammy's freedom needs and importance of being her own authority figure in life. However, I would also describe to her the dysfunctional expression of her strong 11th letter and how she may become the rebel without a cause. I would encourage Tammy to be mindful of this energy and develop skill in how she utilizes it. Moreover, I would highlight to her that this energy is best directed when she can become a constructive agent for change. Therefore, having vision for the future is crucial. An aptitude for imagining, envisioning and devising is etched into Tammy's blueprint, with both her luminaries – the Sun in Virgo and Moon in Pisces experts in these feats. I would encourage Tammy to activate this potential.

I would also highlight to her the dysfunctional expression of her Pisces Moon and Virgo Sun in that both have the desire to flee from the ordinary, mundane reality. Considering this along with her strong 11th letter, the impulse to run away and escape is likely to be overwhelming. With Neptune opposing her Sun by 1 degree during 2015 and in early 2016, activating her Grand Mutable Cross, these impulses would have been amplified. This will likely resonate with her experience with addiction. I would encourage Tammy to have healthy outlets where she can experience ecstasy and oneness, as this what her Pisces Moon needs to feel nurtured and nourished. Finding ways to connect to the imaginal or

spiritual realms is necessary, if she is to accept living in the physical world. The transit of Neptune, ruler of Pisces, demands this too. If she fails to attend to her soul needs then she risks succumbing to the shadow of Pisces and Neptune which is the Victim and the Addict – two archetypes she is well familiar with.

With a Virgo Sun, engaging in meaningful work and reconciling the real with the ideal are challenges for Tammy. As Virgo strives for perfection it can be a harsh judge of itself and others. It may help her to recognize that she has a tendency to be tough on herself. I would suggest that she may apply her powers of discrimination and analysis to a creative project, as a constructive way to channel her inner critic. Moreover, Tammy is possibly projecting the inner critic onto her mother. Once she takes back her projections then she may begin the process of healing the rift with her family. The transit of Neptune is encouraging her to become more in tune with her higher Virgo self and reflects the juncture she has arrived at on her journey – questioning who she is and what she wants. Neptune transits dissolve and so washes away the things she doesn't need anymore - her identity and sense of self is undergoing a transformation. (Neptune opposing the Sun) I would encourage Tammy to be patient with herself at this time, allowing the answers to come to her. It's ok for her not to know exactly what she wants to do. Supporting this, on September 1st 2016 Tammy had a Solar Annular Eclipse on her Virgo Sun within 1 degree and 37 minutes, heralding a time of endings and new beginnings.

Tammy's Solar return (SR) chart for 2016 has her Ascendant at 2 degrees of Cancer, an image of emotions and issues relating to mother and family bubbling to the surface.

Supporting this, her SR chart shape is a locomotive with the lead planet being the Moon. It is same chart shape as the natal- a steam engine gathering momentum as the year progresses.

Most planets are situated below the horizon signifying it is a year that is more internalized,

introverted, working things out. Furthermore, it is a Balsamic Moon phase for this chart, signifying a time of endings, a time to cut the dead wood from her life, in preparation for a period of renewal and new growth.

Tammy's SR Ascendant squares Mercury, Venus and Jupiter challenging her thinking, values and her beliefs – an invitation for her to approach life differently. In her natal chart Cancer rules the cusp of the 6th house therefore themes of work, daily routine and health are drawn in, seeking integration.

If Tammy is to make progress she must learn how to nurture herself and let go of old hurts and memories. Whilst it's painful that her mother has stopped communicating with her, it may provide her with some space to become more self-reliant and responsible for herself.

Tammy may also like to explore whether she has received any benefits by placing any blame on her parents and mother's 'high expectations'. If so, this year suggests it will be an opportune time sacrifice these benefits – shedding her shell in order to grow. In order for her relationship with her parents to be renewed she will need to accept her parent's imperfections and stop blaming them so she can liberate herself from being the victim.

Simultaneously, Pluto is transiting her natal 12th house of endings and dissolutions and sextiles her natal Moon in the 2nd house, assisting her to confront the truth.

Tammy's SR Mc is in Aries, conjunct Uranus and squares Pluto in Capricorn affirming the need to let go of old structures in order to experience more personal freedom. Aries occupies the 4th house in Tammy's natal chart and underscores the Cancer themes. It also speaks of creating a new emotional foundation that can support her in attainment of career goals.

The angular planets in the 2016 SR chart are Uranus in Aries on the Mc and Hygeia in re-balancing Libra on the IC. This emphasizes the dominant theme for the year will be

mustering the courage to pursue what she wants – discovering her quest, being open to change and new possibilities. Hygeia on the IC, communicates the imperative for Tammy to nurture the needs of her soul in order to facilitate healing. When Tammy tends to her inner sanctuary then shifts can occur in her outer reality.

Repeating these themes, Uranus by transit to Tammy's natal chart aligns with her 4th house cusp over April and December 2016 and into 2017. Furthermore, Tammy's Progressed Moon in Aries also occupies the 4th house (entering in September 2015). It once again echoes the Cancer themes of her SR Ascendant for 2016. It is a time of withdrawal, searching for roots and confirms the need to shed an inauthentic identity that's connected with her past conditioning and upbringing. I would caution to Tammy that she may feel restless and impatient at this time and may want to confront family members but should take some time to reflect before acting. Supporting this, Tammy's progressed Ascendant is in Aquarius and is opposing her natal Mars in Leo reflecting the need to be assertive and courageous with family members. It may be time to define some new boundaries with them but in a sensitive way.

Additionally, on the 1st of July 2016, Tammy's Progressed Moon changed signs from Aries to Taurus, suggesting that her relationships with family may stabilize and practical solutions may come but there is still a lot more healing to be done as her Progressed Moon in Taurus has moved to oppose her natal Pluto on 19th Sept 2016.

Tammy's SR Moon is in Leo for 2016, yang and fixed, in contrast to her yin mutable Pisces natal Moon and suggests a need for her to move out of her comfort zone and become more assertive and focused. The action takes place in the 2nd house so investing in herself, doing things which build her self-esteem and self-confidence, so she can positively attract what she loves and values is to be encouraged.

The Moon forms a grand trine with a Saturn/Mars conjunction in Sagittarius and Uranus in Aries, activating the career houses and suggests that through hard work and being open to new possibilities she can make substantial advancements on the career front.

The SR Sun for 2016 also occupies the 2nd house, emphasizing the imperative to build self-confidence and self-esteem. Opposed by Neptune and squared by Saturn it's an opportunity for her to 'get real' about her dreams. Her 8th house and 5th house are activated by the Neptune/Saturn square challenging her to scrutinize whether her current intimate relationship supports her and is in alignment with her dreams. Strengthening this, Saturn is occupying her 11th house in her natal chart and squares her Moon and Uranus.

Most notably, in 2016's SR chart, Mercury the messenger God is stationery, in the 3rd house in Virgo. It's as if he is imploring her to heed his message. It suggests that new information and insights are available to her. It's time to break life down and examine it, look at what's not working and devise solutions to create improved outcomes. Mercury forms a stellium – joining forces with Jupiter in Virgo and Venus in Libra, highlighting significant one on one relationships and a need to consider the bigger picture. The image is suggestive of a reorientation surrounding her thinking, beliefs and values. From a counselling standpoint it is probably best not to single out her relationship with the member of the infamous biker gang, as she will most likely be defensive of that. Instead I would make the suggestion that this may be a time when she rethinks her relationships in general, considering the people that she surrounds herself with. It is also an image of her taking a course of study which may broaden her horizons and provide her with new skills. Moreover, she may broaden her network and makes new friends. I would direct her focus towards that and encourage her along those lines. Her SR Mars and Saturn conjunction in Sagittarius straddles the 5th and 6th house, an invitation to explore new avenues of creativity leading towards meaningful work,

perhaps undertaking some study. Supporting this image, Jupiter aligns with Tammy's 9th house in her natal chart.

Very similar to the natal chart, Tammy's 2017 Solar return chart reveals an Ascendant in the Air sign of Libra, conjunct Jupiter and opposing Uranus, and squares Pluto. This may indicate that it's a year where she feels more in sync with her true nature. Tammy's progressed Sun and Mercury are also in Libra throughout 2016 and 2017 indicating that her one to one relationships will be significant. The SR Ascendant is the same as her natal Mc in Libra, therefore career is at the forefront.

The 2017 SR, Mc is in Cancer conjunct Ceres and opposite Pluto, signifying the separation from her mother and family and the desire for reunion. Cancer rules the natal 6th house, therefore emotional security may go hand in hand with being engaged with meaningful work. As Jupiter is conjunct the Ascendant she may be feeling more confident and optimistic, more willing to seize life's opportunities. Repeating this theme, Tammy's progressed Jupiter is in her 1st house and trines her Sun.

Pluto is in the 4th house on the IC representing the opportunity to let go of power struggles so that a cycle of renewal may occur with her family.

The 2017 SR Moon in Sagittarius continues on the Fire theme from the past two years in the 3rd house. It is an image of gathering new information, networking and study. (Moon forms a grand trine with Mercury, Mars and Uranus) Moon is in a t-square involving Chiron, similar to natal, activating her natal Moon Chiron themes. The Moon phase for the chart is First Quarter, indicating a time of taking direct action and building new structures. The Sun is in her 11th house conjunct Mercury in Virgo which is notably retrograde, and Mars and North Node in Leo. On one hand it suggests an outgoing time, socialising with new groups of people and making new friends but with the retrograde energy it feels like a bit of a

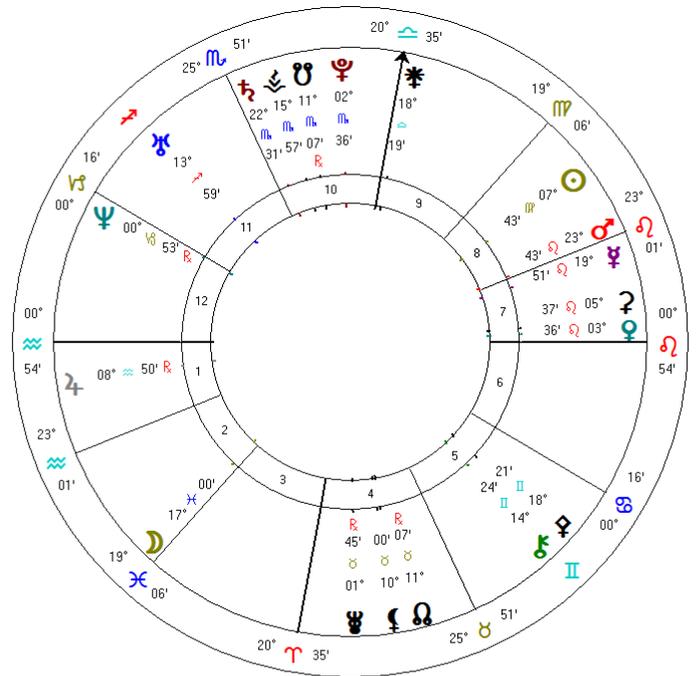
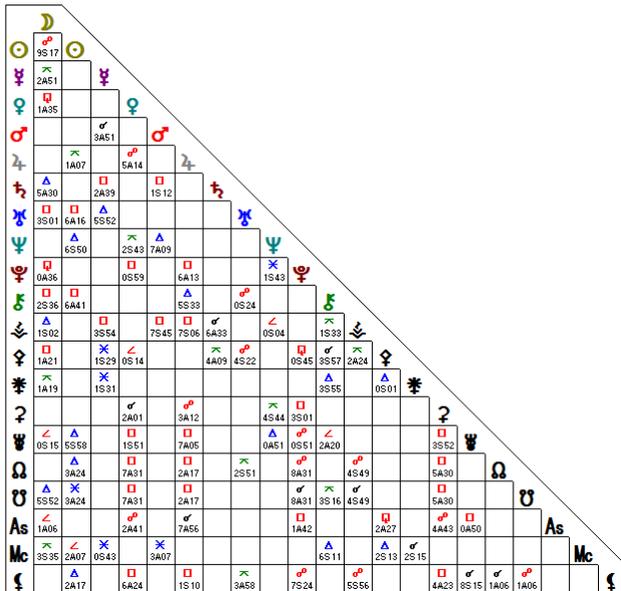
rehearsal, as if she is testing the waters. It appears to be a time of setting goals, lateral thinking and planning. (Virgo in the 11th house, conjunct Mercury Retrograde, Libra Ascendant)

By transit to her natal, Saturn conjuncts Neptune and her 12th house cusp in December 2017. I would encourage Tammy to be vigilant at this time as there may be the urge to escape from responsibilities, however she is challenged to discipline herself to make her dreams a concrete reality.

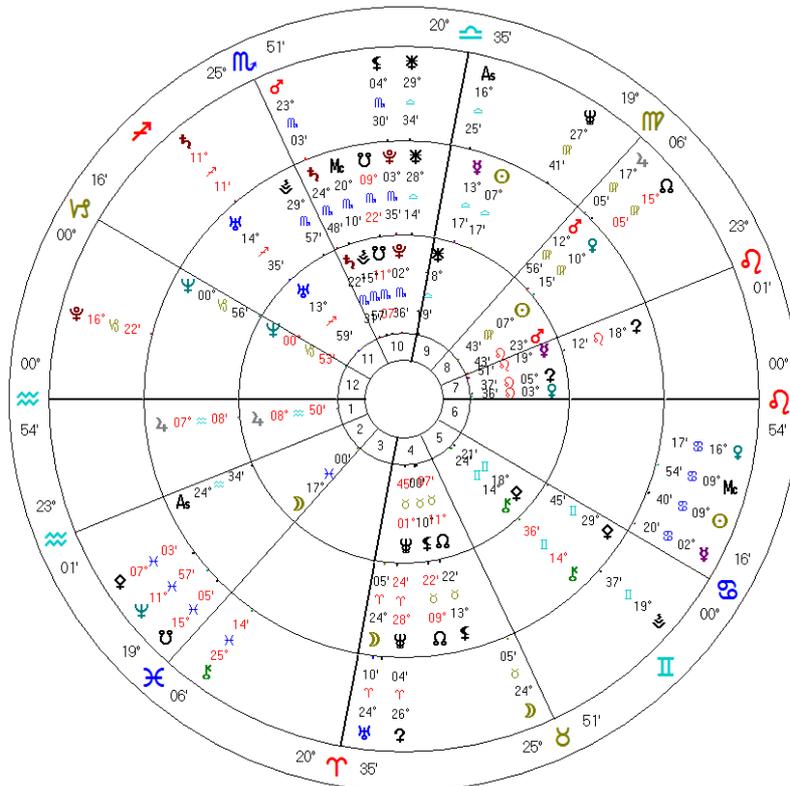
The transits, progressions and solar return charts for 2016 to 2018 are a reflection of the opportunities which Tammy has to become empowered through letting go of the past, accepting responsibility for herself and integrating her wounds. When she nurtures her soul's need to experience transcendence through constructive means she will unify the mundane reality with the divine – symbolizing her Chiron journey, her soul's intention (Pisces Moon) and solar quest (Virgo Sun). The positive changes she makes within will enable her to heal the rift with her family and create a fulfilling future.

Word Count: 2724

Tammy
Female Chart
 31 Aug 1985, Sat
 2:34 pm AEST -10:00
 Sydney, Australia
 33°55' 15"E 151°E 13'
Geocentric
Tropical
Placidus
True Node



Inner Wheel
Tammy
Female Chart
 31 Aug 1985, Sat
 2:34 pm AEST -10:00
 Sydney, Australia
 33°55' 15"E 151°E 13'
Geocentric
Tropical
Placidus
True Node

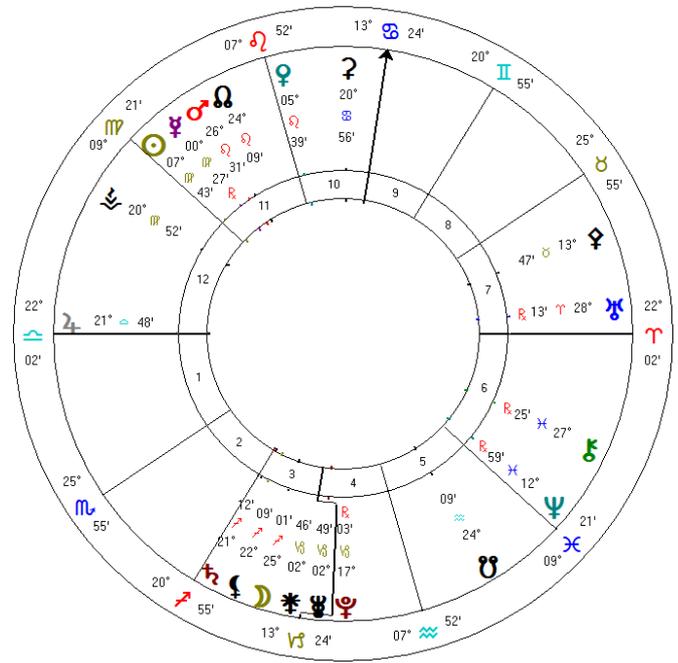
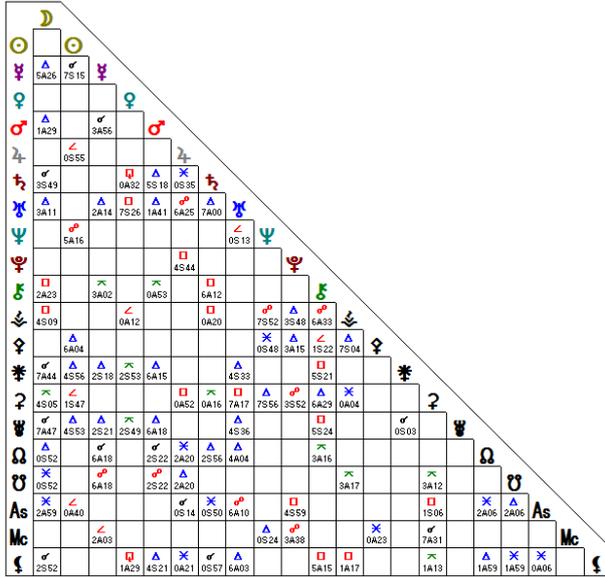


Middle Wheel
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Geocentric
Tropical
Placidus
True Node

True Node
Placidus
Tropical
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Event Chart
Transits 1 Jul 2016
 Outer Wheel

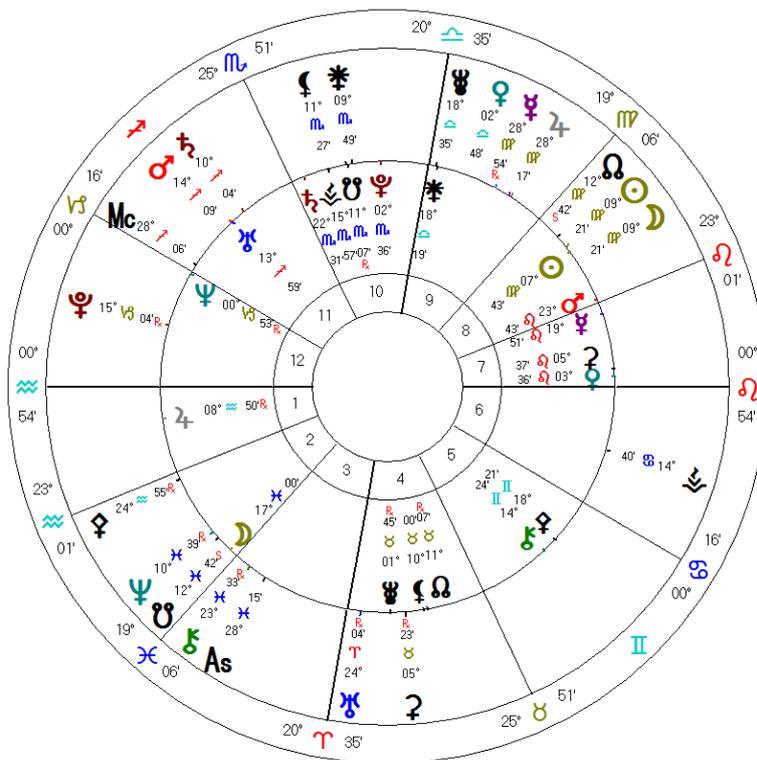
Tammy Solar Return 2017

Tammy
Solar Return
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Sydney, Australia
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Geocentric
Tropical
Placidus
True Node



Inner Wheel

Tammy
Female Chart
31 Aug 1985, Sat
2:34 pm AEST -10:00
Sydney, Australia
33°S52' 151°E13'
Geocentric
Tropical
Placidus
True Node



Outer Wheel
Solar Annular Eclipse (NM)
Natal Chart

1 Sep 2016, Thu
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Sydney, Australia
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Geocentric
Tropical
Placidus
True Node

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